

2018 Term 3 Timetable



Day	Time	Description	Venue	Dates	Cost
Tuesday	7 - 8am	Yoga Class	High Aspirations Studio (Australind)	17 Jul – 18 Sep	\$180
Tuesday	9 - 10am	Yoga Class	High Aspirations Studio (Australind)	17 Jul – 18 Sep	\$180
Wednesday	10 – 11.30am	Meditation Class	High Aspirations Studio (Australind)	18 Jul – 19 Sep	\$200
Wednesday	5.30 - 6.30pm	Yoga Class	Bunbury Rowing Club	18 Jul – 19 Sep	\$160
Thursday	5.30 - 6.45pm	Yoga Class	High Aspirations Studio (Australind)	19 Jul – 20 Sep	\$180
Thursday	7 - 8.30pm	Meditation Class	High Aspirations Studio (Australind)	19 Jul – 20 Sep	\$200
Friday	9.30 - 11am	Yoga Class	Australind Tennis Club	20 Jul – 21 Sep	\$162
<i>No Friday class on 14 September</i>					

Mark Your Calendar - Upcoming Events

Dru Soul Spas	Sundays	9am – 12pm	Jun 24, Jul 29, Aug 26	\$59 per day
Meditation Workshops	Saturdays	10am – 12pm	Jun 23, Jul 28	\$49 per day
Yoga & Writing Workshop	Sunday	1pm – 4pm	Jul 8	\$59
Brain Wellness Retreat	Friday to Sunday	All weekend	Nov 8 – 11	See website

